

the patient's skin and provide comfort. The majority of patients tolerate this without any use of anesthetics.

• What should you expect following the treatment?

After the treatment, the treated area is cleansed and you can return to your normal routine.

You may experience slight reddening around hair follicles, which typically disappears within a few minutes.

You should avoid sun exposure or use sun-screen following the treatment.

It will seem that hair continues to grow for one to two weeks, but these are lifeless hairs that will easily fall out.

• How long will it take?

Because the laser affects a large number of hairs at a time, facial areas (chin, lip, cheeks, etc.) can be treated in 10-15 minutes. Small body areas (underarms, bikini line, etc.) take less than half hour. Larger areas (full legs, both arms, etc.) usually an hour or more, depending upon the size of the area and the density of the hair.

Laser Vein Removal

METHOD: Lyra Nd:Yag Laser

ADVANTAGES:

- Is the most suitable tool for treatment of vessels up to 4mm in diameter.
- Performs more safely than any other laser on tanned patients.
- Can be performed on patients with most skin types.
- Has FDA approval.

FAQs Frequently Asked Questions

• Who is a candidate for Lyra laser vein removal?

Patients with blue, red or purple vessels up to 4mm in diameter.

• How many treatments are required for complete leg vein removal?

It can take up to 3 treatments eight weeks apart to seal the vessels. It may vary slightly based on the severity of the vessels. Once the vessels are sealed, they will dissipate in the

body and never re-canalize. However, some individuals may form new leg veins.

• How can you know if you are a candidate for laser vein removal?

An appointment will be made for you with our laser tech who will evaluate your veins and suitability for treatment. The cost of this consultation will apply to your first treatment.

• What can you expect during the treatment?

During treatment, laser light is absorbed by blood in the vessel, creating heat, collapsing and sealing the vein. Although heat is used to seal the vein, a cooling system removes heat from your skin before, during and after the laser exposure. This protects the patient's skin and provides comfort. The majority of patients tolerate this without any use of anesthetics.

• What should you expect following the treatment?

Some redness and minor swelling can develop and persist for a few days with possible "cat scratch" scab forming and lasting up to one week. These effects of treatment can be controlled and reduced with cold compresses, hydrocortisone cream or a moisturizing ointment.

You should avoid sun exposure for one month following treatment.

You should wear support hose for three to five days after treatment.

• How does laser technology compare to traditional sclenotherapy?

The combined light sources offer important benefits over injection therapy: fast and virtually pain-free treatment; minimally invasive therapy with no needles.

To schedule your consultation for any of our laser treatments or our enhanced skin rejuvenation treatment, please call

901-763-2212

APPOINTMENT DATE

TIME

Hair Removal



Leg Vein Removal



Acne Treatment



Skin Rejuvenation



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Enhanced Skin Rejuvenation Laser Hair & Vein Removal



Freedom At Last!

Enhanced Skin Rejuvenation

Enhanced Skin Rejuvenation is a gentle laser treatment for wrinkles and sun damage. It is non-ablative, non-invasive – the surface of the skin is not damaged or removed. The gentle lasers correct pigmentation irregularities and encourage new collagen growth to smooth out existing facial wrinkles without needles, cosmetic surgery or weeks of recovery time.

ADVANTAGES

- Reduces facial wrinkles and fine lines and improves facial toning.
- Treats sun damage, including age spots and brown pigmentation.
- Improves rosacea, broken blood vessels, freckles and large pores.
- No recovery time. Return to activities immediately.
- Safe for face, chest, neck and hands – anywhere sun damage shows.

FAQs Frequently Asked Questions

• Who is a candidate for Enhanced Skin Rejuvenation?

When used at the proper settings, lasers are safe for most skin types.

• What can I expect during a treatment?

A consultation will be scheduled to assess your appropriateness for treatment. During that session, our specialist will determine whether your skin type is appropriate and may do a spot test. If she deems you to be a candidate for the procedure an appointment will be made for your first treatment.

You will be given the name of a mild, topical anesthetic to be applied to the region that will be treated. While not necessary, some patients prefer to be treated after a topical anesthetic is applied.

Before treatment, a cool gel is applied in a thin layer over the treatment area. The cooled window of the laser is then placed upon the skin. When the energy is applied, it feels a bit like a warm pulse against the skin.

• Is the treatment painful?

Most patients feel minimal discomfort during the procedure. The topical anesthetic will make the treatments more comfortable.

• What can I expect following the treatment?

A sun block will be recommended for daily wear following your treatment. Make-up can be applied immediately after treatment and you can resume normal activities. Many

patients schedule their treatments over lunch and return to work right after.

• After effects may include:

Slight redness or swelling for a few hours (on rare occasion, a few days).

Darker pigments and freckles get darker after the initial treatment and flake off in a few days.

• How soon will I see results?

Effects are cumulative. After the first treatment, you will see improvements to broken capillaries, small facial veins, and some pigmented areas within a few days. Other improvements such as wrinkle reduction and toning are more subtle and may require several treatments (up to six) every two to four weeks. Friends may suggest you look more rested. With each subsequent treatment, subtle changes will accumulate until you have achieved the improvement you desire.

• How long do treatments take?

Each session will take between 20-30 minutes, depending upon the size of the treatment area. Some patients elect to have treatments on other areas of the body or hair and/or vein treatments at the same visit and schedule two or more sessions for the same day.

• How long do the effects last?

Because aging is progressive and the wrinkles and sun damage that are visible today were often caused years before, care should be taken to wear sun block so no new sun damage can occur.

New wrinkles cannot necessarily be stopped from appearing, however, the laser's encouragement of new collagen growth should help slow the appearance of new wrinkles.

Acne Laser Treatments

Acne is a condition caused by skin cells that do not shed properly and plug pores, causing oil and bacteria to be trapped inside. As oil and bacteria accumulate, the skin becomes inflamed and swells outward forming whiteheads, blackheads, and pimples.

ADVANTAGES

- Offers a no down-time approach to help clear acne lesions and help reduce the severity of future break-outs.
- You can return to work or school immediately following treatment – only side effect will be slight facial redness.
- No side effects seen with oral and topical treatments.
- Laser treatments do not induce prolonged dryness, severe redness or mental depression.
- Safe and effective way to treat acne.

FAQs Frequently Asked Questions

• How do the treatments work?

Using the FDA cleared green laser, light is delivered through the skin's surface triggering the bodies' natural bacteria fighting defenses. These defenses kill the problem-causing bacteria, significantly reducing the severity of current and future breakouts.

• What can I expect during the treatment?

During your consultation session, your medical history will be taken to determine if any drugs or creams have been used that may adversely affect laser treatment.

Once cleared for treatment, the area will be cleaned, a thin layer of gel applied and the technologist will glide the laser handpiece over the treatment area in a brushing motion as the laser light is pulsed through the skin.

Many patients say each laser pulse feels like the snap of a rubber band against the skin, though treatments over active acne may be more uncomfortable. A topical anesthetic applied to the area prior to the treatment will reduce discomfort.

• What should I expect following treatment?

Your face may appear slightly flushed and swollen, though these effects usually subside after a few hours or days. As with Enhanced Skin Rejuvenation, you may apply make-up immediately and you should use sunscreen. Please check with your doctor to determine if your make-up is appropriately formulated for acne sufferers.

• How long will the effects last?

Most patients find their acne will improve after the completion of about 4 treatments, two a week for two weeks. While many patients continue to improve in the months following the treatment, some patients experience a plateau in their improvement. Repeated treatments may be necessary to maintain results.

Treatments often reduce the severity of lesions but might not eliminate all lesions and breakouts. A percentage of patients might not respond to laser treatment for acne. Lesion improvement might be subtle – the acne lesions will heal over time. Patients must avoid sun exposure and use sunblock of at least SPF 30 on a daily basis.

Laser Hair Removal

METHOD: Lyra Nd:Yag Laser

ADVANTAGES:

- Unlike electrolysis, which requires a needle to be inserted into each hair follicle, this laser system can be used to quickly treat large areas of the body.

Because the laser beam is large in diameter, it affects a large number of hairs simultaneously. You will see immediate results that will last longer than shaving, tweezing, waxing, chemical depilation, or other temporary treatments.

- Offers effective results while maintaining the normal appearance of the skin.
- Offers outstanding results with the widest range of skin tones and hair colors.
- Has FDA approval.

FAQs Frequently Asked Questions

• Who is a candidate for Lyra laser hair removal?

Patients with any skin color with brown or black hairs. This laser system is safe and effective on all skin types including very dark and tanned patients.

• How many treatments are required for complete hair removal?

Since hair growth involves several cycles, some hairs may be affected during a single treatment and some may not. After several treatments, most mature hairs are replaced with miniature hairs of lighter color and some hairs are completely eliminated. Although absolute hair removal may not be achieved, the hairs become less visible and less bothersome because of the lighter density and color.

The number of treatments is dependent upon the individual and can range between 6 and 8 done several weeks apart to achieve the desired effect. This is related to the patients age, hormonal balance, area on the body, diet and even the time of year.

• How permanent is laser hair removal?

Presently there are no lasers that guarantee "permanent" hair removal. However, the Lyra Laser has been FDA cleared for permanent hair reduction.

• How can you know if you are a candidate for laser hair removal?

An appointment will be made with our laser specialist to evaluate your skin type and suitability for this procedure. The cost of this consultation will apply to your first treatment.

• What can you expect during the treatment?

Most laser patients describe the treatment as mildly uncomfortable, but not painful. To reduce discomfort, a cooling system automatically removes heat from your skin before, during and after the laser exposure. This is to protect